

MEDIA GUIDE

2011
NCAA Div I
30th Annual
Women's
HEPTATHLON



June 9-10, 2011
Jim Duncan Track
Drake University
Des Moines, Iowa



Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com

Table of Contents

PR Page	page 2
Time Schedule	3
NCAA Champions ----1982-2010	3
Host NCAA cities	4
NCAA Meet records	4
Heptathlon Individual records	
World	4
American	4
Collegiate	5
Meet	5
Recent NCAA I Heptathlon/Pentathlon Results	5-6-7-8
Athlete Profiles:	9-32
Dorcas Akkiniyi	9
Makeba Alcide	10
Maddie Buttinger	11
Chelsea Carrier	12
Whitney Carlson	13
Diana Dumitrescu	14
Kaylon Eppinger	15
Daphne Fitzpatrick	16
Jessica Flax	17
Tanya Freisen	18
Lindsey Hall	19
Brittany Harrell	20
Samantha Henderson	21
Ryann Kraus	22
Sherrina Lofton	23
Chantae McMillan	24
Olympia Nowak	25
Precious Nwokey	26
Lucie Ondraskova	27
Keia Pinnick	28
Allison Reaser	29
Kelsey Rubeor	30
Lindsay Schwartz	31
Liane Weber	32



PR Page:

[lifetime PRs made in any competition]

Name	score	100h	w	hj	sp	200m	w	lj	w	jav	800m
Dorcas Akkiniyi	5584	13.95+0.3	178	1284	25.23+2.3	597i		3829	2:21.09		
Makeba Alcide	5153	14.05+3.6	179	1185	25.76nwi	574		37065	2:17.25		
Maddie Buttinger	5403	14.78	175	1232	25.20	575		3371	2:16.93		
Chelsea Carrier	5927	13.04+5.4	175	1175	23.64+4.0	642		3124	2:18.88		
Whitney Carlson	5352	13.64nwi	163	1020	24.09+5.7	644+3.4	3500	2:20.26			
Diana Dumitrescu	5518	14.20	0.0	172	1342	25.15+1.7	604+1.4	3786	2:23.04		
Kaylon Eppinger	5499	13.51	170	1214	25.30+5.5	578	0.0	3894	2:23.38		
Daphne Fitzpatrick	5811	14.22+5.3	178	1194	24.13	0.0	582+3.6	4147	2:21.60		
Jessica Flax	5372	13.99	167	1255	25.35-0.8	590i		3955	2:18.39		
Tanya Freisen	5343	14.02+2.8	170	990	25.04+6.2	584+2.8	3712	2:27.99			
Lindsey Hall	5360	13.97	175	1112	25.40+1.7	585i		4306	2:21.35		
Brittany Harrell	5452	14.31	173	1116	25.33	548		4162	2:20.61		
Samantha Henderson	5470	13.93	180	1282	25.41	620		3559	2:35.66		
Ryann Kraus	5848	13.61	177	1214	24.31	617		4075	2:09.90		
Sherrina Lofton	5420	14.06+1.3	173	1181	23.50	598		3635	2:16.22		
Chantae McMillan	5951	13.81+3.1	175	1457	24.90	0.0	633i	4781	2:18.61		
Olympia Nowak	5415	13.68+5.3	170	1254	25.27+1.8	591		3551	2:14.96		
Precious Nwokey	5543	13.58+1.7	176	1093	24.50	618i		2920	2:14.86		
Lucie Ondrashkova	5467	14.29	176	1136	25.62	619		3745	2:14.43		
Keia Pinnick	5455	13.87+1.0	163	1016	24.07	612		3312	2:11.48		
Allison Reaser	5408	13.83-0.5	164	1169	24.49+2.0	604+2.9	3786	2:26.78			
Kelsey Rubeor	5680	15.15-3.7	175	1382	25.19+3.2	598		4630	2:26.67		
Lindsay Schwartz	5318	14.61	170	1112	25.10+3.7	592+1.3	3319	2:18.19			
Liane Weber	5928	13.94+0.3	176	1310	24.80+0.5	601i		4688	2:14.04		

**2011 NCAA Div I
Track and Field Championships
Drake University
Des Moines, Iowa**

Women's Heptathlon Schedule:

Thursday, June 9, 2011

1:00 pm	100 m Hurdles	(4/8 sections)*
@ 2:00 pm	High Jump	(2 sections)*
@ 5:00	Shot Put	(2 sections)*
@ 6:30	200 Meters	(4 sections)*

Friday, June 10, 2011

4:00 pm	Long Jump	(2 sections)*
5:15	Javelin	(2 sections)*
7:45	800 Meters	(2 sections)*

NB: rolling schedule with approximately 30 minutes between end of one event and start of the next.

*-likely number of sections

NCAA DIVISION I CHAMPIONS 1982-2009

<i>date</i>	<i>winner</i>	<i>affiliation</i>	<i>score</i>	<i>site</i>
1982	Jackie Joyner	UCLA	6099	Provo, UT
1983	Jackie Joyner	UCLA	6365	Houston, TX
1984	Shelia Tarr	Nevada-Las Vegas	5856	Eugene, OR
1985	Lauri Young	NE Louisiana St	5723w	Austin, TX
1986	Jolanda Jones	Houston	5826	Indianapolis, IN
1987	Jolanda Jones	Houston	6068	Baton Rouge, LA
1988	Wendy Brown	USC	5701w	Indianapolis, IN
1989	Jolanda Jones	Houston	6022	Provo, UT
1990	Gea Johnson	Arizona St	6132	Durham, NC
1991	Sharon Jaklofsky	LSU	5732	Eugene, OR
1992	Anu Kaijurand	BYU	6142	Austin, TX
1993	Kelly Blair	Oregon	6038	New Orleans, LA
1994	Diane Guthrie	George Mason	6032	Boise, ID
1995	D. Guthrie-Gresham	George Mason	6527	Knoxville, TN
1996	Corissa Yasen	Purdue	5765	Eugene, OR
1997	Tiffany Lott	BYU	6211	Bloomington, IN
1998	Tiffany Lott	BYU	5982	Buffalo, NY
1999	Tracye Lawyer	Stanford	5855	Boise, ID
2000	Christi Smith	Akron	5797	Durham, NC
2001	Austra Skujyte	Kansas State	5857	Eugene, OR
2002	Austra Skujyte	Kansas State	6061	Baton Rouge, LA
2003	Hyleas Fountain	Georgia	5999	Sacramento, CA
2004	Jacquelyn Johnson	Arizona St	5807	Austin, TX
2005	Lela V. Nelson	Eastern Michigan	5878	Sacramento, CA
2006	Jacquelyn Johnson	Arizona St	5939	Sacramento, CA
2007	Jacquelyn Johnson	Arizona St	5984	Sacramento, CA
2008	Jacquelyn Johnson	Arizona St	6053	Sacramento, CA
2009	Brianne Theisen	Oregon	6086	Fayetteville, AR
2010	Brianne Theisen	Oregon	6094	Eugene, OR



Host Cities (by state):

5 Oregon	Eugene (84,91,96,01,10);
4 Texas	Austin (85,92,04), Houston (83);
California	Sacramento (03,05,06,07)
3 Louisiana	Baton Rouge (87,02), New Orleans (93);
Indiana	Indianapolis (86,88), Bloomington (97);
2 Utah	Provo (82,89);
Idaho	Boise (94,99);
North Carolina	Durham (90,00);
Iowa	Des Moines (08,11)
1 Tennessee	Knoxville (95):
New York	Buffalo (98)
Arkansas	Fayetteville (09)



NCAA Meet Records

Most Wins:

3	Jacqueline Johnson	Arizona St	(2004, 2006, 2007, 2008)
3	Jolanda Jones	Houston	(1986, 1987, 1989)
2	Brianne Theissen	Oregon	(2009, 2010)
2	Jackie Joyner	UCLA	(1982, 1983)
2	Diane Guthrie	George Mason	(1994, 1995)
2	Tiffany Lott	BYU	(1997, 1998)
2	Austra Skujyte	Kansas St	(2001, 2002)

Most Wins by School:

5	Arizona St	(90,04,06,07,08)
3	Brigham Young	(92,97,98)
3	Houston	(86,87,89)
3	Oregon	(93,09,10)

Most Wins by Conference:

12	PAC 10
----	--------

Heptathlon Individual Event Records

World Records

100H	12.62 (+2.9)	Eunice Barber/FRA	Arles	6889	2005
HJ	1.98/6-6	Tia Hellebut/BEL	Gotzis	6201	2006
SP	20.79m/68-2½	Eva Wilms/GER [pent]			
	17.29m/	Natalia Dobrynska/UKR [hept]	Beijing	6733	2008
200m	22.30 (0.0)	Jackie Joyner-Kersey/USA	Indy	7215	1988
LJ	7.27m/23-10 ¼	Jackie Joyner-Kersey/USA (+0.7)	Seoul	7291	1988
Jav	64.64m/212-1	Tessa Sanderson/GBR	Brussels	6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence	6227	1987
1 st day	4367	J Joyner-Kersey/USA	Indy	7215	1988
2 nd day	3027	J Joyner-Kersey/USA	Seoul	7291	1988
Score	7291	J Joyner-Kersey/USA	Seoul		1988



American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Eugene	6667	2008
HJ	1.93/6-4	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
		Sharon Day/unat	Havana	6036	2009
SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome	6502	1987
200m	22.30 (0.0)	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
LJ	7.27/23-10 ¼	Jackie Joyner-Kersey/WCAC (+0.7)	Seoul	7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:04.70	Marla Runyan/ unat	Atlanta-OT	5708	1996
1 st day	4367	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
2 nd day	3027	Jackie Joyner-Kersey/WCAC	Seoul	7291	1988
Score	7291	Jackie Joyner-Kersey/WCAC	Seoul		1988



Collegiate Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons	5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich		2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento		1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU (+2.5)	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4h	Lana Zimmerman/LSU	Houston		1983
	2:08.58	Erica Moore/Indiana St	Normal	5553	2010
1 st day	3942	Jackie Joyner/UCLA	Baton Rouge	6718	1985
2 nd day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF		1985



NCAA Meet Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ					
SP	16.07m/52-8¾	Austra Skujyte/Kan St-LIT	Baton Rouge	6061	2002
200m					
LJ	6.92m/22-8 ½	Diane Guthrie/GMU	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston		1983
1 st day					
2 nd day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6527	Diane Guthrie/GMU-JAM	Knoxville		1995



RECENT RESULTS

2011 Indoor Pentathlon Results, March 11, 2011, College Station, Texas

4540	Theisen, Brianne/Oregon	8.35	184	1238	596	2:11.82
4396	McMillan, Chantae/Nebraska	8.69	166	1458	633	2:19.61
4396	Profit, Kiana/Maryland	8.41	175	1200	588	2:08.67
4254	Akinniyi, Dorcas/Wisconsin	8.67	178	1280	591	2:22.86
4128	Carrier, Chelsea/West Virginia	8.29	166	1130	596	2:21.32
4115	Krais, Ryann/Kansas St	8.71	172	1136	543	2:09.93
4054	Love, Malaikah/Southern Illinois	8.85	166	1302	574	2:21.21
4042	Wortham, Ellen/Tennessee	8.46	172	996	572	2:18.44
4020	Nwaba, Barbara/UCSB	8.87	175	1210	550	2:21.84
4006	Dumitrescu, Diana/Kent St	8.99	169	1311	571	2:25.61
3992	Nwokey, Precious/Kentucky	8.59	166	1047	573	2:17.24
3947	Nowak, Olimpia/Northern Iowa	8.73	160	1214	561	2:18.62
3919	Alcide, Makeba/Arkansas	8.86	169	1160	546	2:20.62
3906	Ondraschkova, Lucie/Georgia	8.91	172	1009	556	2:18.32
3814	Lofton, Sherrina/Northridge St	8.63	163	1113	535	2:22.30
3573	Carlson, Whitney/North Dakota St	8.68	151	1003	612	2:42.46

2010 Heptathlon Results, June 9-10, 2010, Eugene, Oregon

6094	Theissen, Brianne/Oregon	13.39+0.2	175	1213	24.18+2.6	610+2.6	4235	2:15.40
5682	Profit, Kiani/Maryland	13.78+0.4	166	1155	24.47+2.6	564-1.7	3790	2:12.50
5617	Taylor, Chelsea/Alabama	13.80+0.2	187	1067	24.09+2.6	556-0.8	3150	2:23.58
5583	McMillan, Chantae/Nebraska	14.43+1.0	166	1425	25.90+1.8	571-0.9	4195	2:23.65
5506	Akinniyi, Dorcas/Wisconsin	13.95+0.3	175	1120	25.35+1.8	573-0.7	3491	2:21.45
5474	Dumitrescu, Diana/Kent St	14.40+2.9	166	1313	25.62+1.9	581-1.2	3664	2:23.04
5455	Aaron, Laquinta/Mississippi St	13.67+0.4	154	1159	25.00+1.9	565+0.2	4284	2:23.57
5430	Merkley, Cassie/Idaho St	14.14+1.0	163	1367	25.83+1.8	504-1.3	4719	2:26.26
5427	Zander, Heather/North Dakota St	13.95+2.4	160	1069	24.33+1.9	571+1.1	3647	2:20.25
5420	Wheatley, Megan/Nebraska	14.30+2.9	163	1258	25.55+1.8	558-0.3	3624	2:17.52
5415	Nowak, Olimpia/Northern Iowa	14.21+0.3	153	1192	25.27+1.8	551-0.7	3551	2:14.96
5382	Nwaba, Barbara/UCSB	14.49+2.9	172	1271	25.25+1.9	532+1.2	3535	2:22.12
5337	Precious Nwokey/Kentucky	13.99+0.2	172	990	24.61+2.6	553-0.9	2920	2:17.19
5304	Uhunoma Osazuwa/Syracuse	13.96+1.9	169	1192	25.40+1.9	567-2.5	3034	2:26.38
5303	Lucie Ondraschkova/Georgia	14.30+2.9	169	1118	25.65+1.8	551+0.1	3431	2:19.56
5236	Krais, Ryann/UCLA	14.13+1.0	163	903	26.18+1.8	549-1.7	3829	2:12.65
5170	Gobder, Desirae/Northridge St	14.51+2.4	169	908	25.42+2.6	584+0.2	2802	2:17.13
4961	Fitzpatrick, Daphne/Texas A&M	14.69+2.9	166	1086	25.62+1.9	524-0.4	3599	2:34.46
4935	Buttinger, Maddie/Notre Dame	14.94+1.9	169	1086	26.28+2.6	531+1.4	2982	2:24.32
dnf	Carlson, Whitney/North Dakota St	13.92+0.4	148	1020	24.46+2.6	584-1.1	2966	dns
dnf	Bamigboye, Buky/Vanderbilt	14.39+0.3	169	1175	27.51+1.8	534-1.1	3254	dns
dnf	Hartz, Ulrike/Idaho	13.95+2.9	154	withdrew				
dnf	Fortner, Sandy/New Mexico	14.09+1.0	172	3f	withdrew			
dnf	Weber, Liane/Clemson	14.71+2.4	withdrew					

2010 Indoor Pentathlon Results March 13, 2009, Fayetteville, Arkansas

4396	Theisen, Brianne/Oregon	8.44	174	1265	608	2:15.58
4242	Profit, Kiani/Maryland	8.40	171	1075	590	2:11.86
4156	Fortner, Sandy/New Mexico	8.70	171	1307	594	2:25.41
4133	Carrier, Chelsea/West Virginia	8.29	171	1040	589	2:19.49
4113	Weber, Liane/Clemson	8.50	168	1187	588	2:21.77
4061	Osazuwa, Uahunoma/Syracuse	8.63	171	1118	608	2:27.52
4056	Akinniyi, Dorcas/Wisconsin	8.86	174	1156	597	2:26.18

4055	Dumitrescu, Diana/Kent St	8.77 165 1278 604 2:27.39
3985	Nwokey, Precious/Kentucky	8.64 162 1093 583 2:18.09
3949	Krais, Ryann/UCLA	8.97 171 1056 564 2:17.44
3916	Love, Malaikah/Southern Illinois	8.91 162 1158 580 2:21.31
3789	Taylor, Chealsea/Alabama	8.59 174 1091 546 2:36.67
3752	Otis(nee Menlove), Amy/BYU	8.48 153 1142 585 2:33.59
3601	Clarke, Kettiany/South Carolina	8.39 153 1171 533 2:36.65
dnf	Lloyd, Kelsey/Texas Tech	8.58 177 1037
dnf	McMillan, Chantae/Nebraska	8.91 165 1325
dnf	Wheatley, Megan/Nebraska	8.68 1241

2009 Heptathlon Results, June 10-11, 2009, Fayetteville, Arkansas

6086	Theisen, Brienne/Oregon-CAN	13.72+0.9 175 1212 24.10+1.3 600+1.6 4511 2:14.77
5892	Roehrig, Liz/Minnesota	14.13+1.1 181 1329 24.29+1.3 587+2.3 3830 2:22.05
5876	Wade, Bettie/Michigan	13.84+1.0 178 1357 25.05+0.2 633+0.4 3249 2:21.90
5824	Ali, Nia/Southern California	13.17+1.3 172 1251 23.90+1.3 589+0.5 3880 2:29.36
5797	Hunter, Gayle/Penn St	13.45+0.9 163 1092 23.96-3.1 626+1.1 3560 2:15.94
5683	McFadden, Kalindra/Oregon	14.05+1.1 166 1303 24.62+0.2 561+1.5 3810 2:15.07
5675	Wichmann, Annett/Hawaii-GER	14.62-0.1 178 1377 26.28-1.8 549+1.3 4660 2:22.74
5668	Quinley, Shevell/Arizona	14.06+0.9 172 1221 25.39+1.3 588+1.2 4385 2:26.40
5636	Wheatley, Megan/Nebraska-AUS	14.18+1.0 169 1270 25.21-1.2 600+0.9 3617 2:20.10
5625	Harris, Marrissa/Mississippi St	13.32+1.3 172 1028 24.02+1.3 596+1.7 3543 2:28.98
5549	Krais, Ryann/UCLA	13.80+0.7 169 1091 24.91+0.2 556+1.6 3680 2:14.96
5483	Chaplin, Etienne/Arkansas	13.95+1.0 166 1099 24.58-1.2 627+1.1 3075 2:25.76
5475	Woods, Shana/Southern California	13.98+0.7 166 1077 24.28-3.1 604+0.9 3627 2:29.78
5459	Trimble, Ashley/Kentucky	13.67+1.3 154 1158 24.69+0.2 543+1.3 3617 2:11.32
5382	Dumitrescu, Diana/Kent St	14.35+1.0 172 1302 25.83-1.8 575+1.3 3604 2:31.98
5352	Osazuwa, Uhunoma/Syracuse	13.97+0.7 169 1023 24.88-1.2 585+2.4 3200 2:24.38
5304	Moore, Erica/Indiana St	14.38+1.0 163 1054 25.17-1.8 544+1.7 3271 2:10.23
5286	Cotton, Jasmine/Cincinnati	14.14+0.7 181 1126 25.82+0.2 550+0.5 3037 2:27.30
5138	Taylor, Chealsea/Alabama	14.17+1.1 175 1117 24.91-3.1 509+0.2 3009 2:29.05
4997	Rorvig, Kaela/Missouri	13.86+1.0 154 1108 25.32-1.2 543+1.7 2732 2:24.06
4795	Aaron, LaQuinta/Mississippi St	13.45+1.3 154 1151 24.54-3.1 578+0.8 nm 2:26.97
4531	Lofton, DSherrina/Cal St-Northridge	14.92-0.1 163 1118 24.17-3.1 510+1.4 nm 2:25.55
4361	Robbs, Rachel/Alabama	14.78+1.0 163 1187 26.60+0.2 527+1.4 4102 dnf
4209	Gioia, Gabby/North Carolina	14.67+1.0 154 974 27.20-1.8 nm 4209 2:26.05
dnf	Menlove, Amy/BYU	13.54+0.9 160 1054 25.04-1.2 597 withdrew
dnf	Coppadge, Alex/North Carolina	14.37+1.1 163 1116 26.04-1.8 withdrew
dnf	Profit, Kiani/Maryland	14.74-0.1

2008 Heptathlon Results June 13-14, 2008, Des Moines, IA

6053	Johnson, Jacquelyn/Arizona St	13.42+0.7 178 1233 24.77-0.4 612+1.7 4620 2:23.75
5811	Roehrig, Liz/Minnesota	14.32-1.8 178 1356 24.54-0.4 593+1.4 3792 2:23.63
5738	Wade, Bette/Michigan	13.73-0.9 175 1314 24.97+0.9 602-0.1 3229 2:21.60
5710	Theisen, Brienne/Oregon-CAN	14.23+1.1 175 1156 25.40-0.2 596+0.5 4391 2:22.73
5709	Hunter, Gayle/Penn St	13.70+0.7 163 1051 23.76-0.4 641+2.7 3373 2:19.92
5670	Wichmann, Annett/Hawaii-GER	14.51+1.9 178 1246 26.51+2.8 561+2.7 4681 2:19.18
5666	Hill, Kasey/Boston College	14.31+1.4 169 1317 25.06+0.9 568+1.9 3932 2:17.18
5633	Kerr, Tammilee/Iowa	14.84+1.1 166 1186 25.24-0.2 594+2.8 4746 2:21.38
5596	Wheatley, Megan/Nebraska-AUS	14.47-1.8 166 1273 24.90+0.6 616+1.7 3440 2:20.80
5553	Pearson, Emily/Colorado St	13.75+0.8 166 1138 25.17+0.9 534+1.0 4701 2:22.81
5550	Drouin, Jillian/Syracuse	13.72-0.9 175 1185 25.58+0.6 599+0.7 3622 2:30.20
5527	Quinley, Shevell/Arizona	13.78+0.8 166 1130 25.16+0.9 587+1.7 4370 2:31.37
5445	Lloyd, Katherine/Colorado St	14.20+1.4 169 1296 26.44+2.8 582+1.2 4126 2:30.80
5429	Harris, Marrissa/Mississippi St	13.52+0.7 166 1200 24.13-0.4 596+2.9 2901 2:33.33
5374	Hasan, Alyissa/Notre Dame	13.87+0.8 169 1188 25.81+2.8 579+0.7 3169 2:23.80
5370	Woods, Shaba/USC	14.39+0.8 166 1033 24.28-0.4 585+2.3 4126 2:34.33
5369	McFadden, Kalindra/Oregon	14.45+1.1 172 1163 25.64-0.2 538+1.1 3511 2:16.68
5368	Stipe, Dani/Northern Iowa	14.60+1.1 160 1000 25.00+0.9 602+4.0 3993 2:21.81
5333	Riel, Tiana/Boston College	14.29-1.8 166 1071 25.24+0.6 574+1.2 3668 2:23.74

5276	Olafsdottir, Kristin/San Diego St	14.26+1.4	160	1107	25.76+2.8	551+0.8	3631	2:15.91
5266	Sampley, Danielle/Kentucky	13.69+0.7	148	1041	23.86-0.4	599+1.3	2835	2:21.51
5261	McMillan, Chantae/Nebraska	14.18+1.9	160	1093	25.31+0.6	609+0.8	3333	2:29.04
5234	Lambracht, Kaity/Syracuse	14.63+1.9	160	1179	25.53-0.2	577+0.8	3492	2:23.91
4649	Fortner, Sandy/New Mexico	14.34-1.8	166	1289	25.56+2.8	578+2.0	3509	dnf
dnf	Stewart, Lauren/Stanford	14.79+1.4	166	1082	26.15-0.2			withdrew
dnf	Merkley, Cassie/Idaho St	14.76-0.9	169	1201	29.32+0.9			withdrew
dnf	Stechschulte, Abbie/Indiana	14.58-0.9	160	1218	dns			withdrew

27s,24f

2007 Heptathlon Results, June 9, 2007, Sacramento, CA

5984	Johnson, Jacqueline/Arizona St	11.35+0.9	178	1109	24.52+1.3	3557	581-0.5	4558	2:19.54	
5831	Pickler, Julie/Washington St	13.96+1.8	175	1184	24.70+1.3	3466	595+3.2	3974	2:16.66	
5822	Drouin, Jillian/Syracuse	14.14+0.9	187	1199	25.02+3.9	3571	601+3.1	3816	2:24.33	
5797	Niare, Gaelle/SMU	14.62+0.5	187	1415	24.57+3.9	3690	592+2.5	3037	2:21.87	
5794	Selig, Ashley/Nebraska	13.98+1.0	178	1144	24.50+3.9		595+0.1	3558	2:15.48	
5773	Dupree, RYANNE/Texas-San Antonio	13.25+0.9	169	1175	24.19+3.9	3537	592+0.6	3719	2:21.90	
5724w	Wade, Bette/Michigan	14.00+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76	
5711	Hunter, Gayle/Penn State	13.68+1.8	163	1129	24.08+1.3	3387	613-0.2	3605	2:18.68	
5649	Wichmann, Annett/Hawaii-Manoa	14.48+2.2	175	1355	26.03+1.1	3387	540 0.0	4478	2:19.40	
5633	Quinley, Shevell/Arizona	14.00+2.2	166	1150	24.42+3.9	3353	597+0.6	4053	2:24.51	
5592	Wilhelm, Ashley/Cincinnati	14.13+2.2	172	1128	25.25+1.1		597+3.1	3761	2:20.55	
5587	Chaplin, Etienne/Arkansas	14.27+1.8	163	1258	24.47+1.4	3348	594+3.8	3667	2:21.47	
5507	Woods, Shana/USC	13.93+1.0	166	931	24.12+1.3	3247	606+1.1	3977	2:27.14	
5505	Collins, Lauren/UC-Irvine	14.21+0.9	178	1119	25.29+1.4	3370	552+1.9	3531	2:17.99	
5475	Bamigboye, Buky/Georgetown	13.94+1.0	163	1088	25.01+3.9	3231	579+1.0	3402	2:14.13	
5444	Meekins, Bonnie/William& Mary	14.72+0.5	172	1128	26.16+1.1	3155	571+2.0	4087	2:18.59	
5436	Stechschulte, Abbie/West Virginia	13.89+0.9	169	1241	25.18+1.4	3394	546+1.5	3349	2:20.91	
5306	Gretzmacher, Sara/Georgia	14.47+2.2	172	1139	25.78+1.1	3230	547+1.0	3648	2:22.85	
5283	Reyer, Ashley/Sn Mississippi	14.71+2.2	169	1124	25.84+1.4	3144	557+1.3	3452	2:17.54	
5240	Witte, Cassie/Nebraska	14.82+0.5	175	1030	26.24+1.1	3107	564+1.8	4604	2:36.99	
5223	Feight, Amanda/Utah	14.34+1.0	160	1029	25.67+1.4	3041	604+2.0	3375	2:23.88	
5204	Kerr, Tammilee/Iowa	14.22+2.2	160	1107	25.59+1.1	3116	535+1.6	4331	2:29.44	
4987	Stipe, Dani/Northern Iowa	15.30+0.5	154	910	24.42+3.9	2880	565+1.8	3364	2:20.48	
4926	Pickler, Diana/Washington St	13.25+0.9	181	1175	dsq		2723	596+0.4	3926	2:28.38
dnf	Weber, Liane/Clemson	14.59+2.2	160	1125	25.66+1.1		3072	497+0.1	withdrew	
dnf	Talbot, Melissa/Wisconsin	13.77+1.8	157	1224	withdrew					

ATHLETES BIOS:

DORCAS AKINNIYI

DOB: January 2, 1990
 POB:
 Ht: 5-7
 Hometown: Carrolltown, TX
 High School: Creekview HS
 College: Wisconsin '12



2011: Outdoors nh'd in hj at Big Ten meet after 8th place at Mt Sac Relays. Defended her Big 10 indoor pentathlon crown at Purdue then posted bug PR 4254 for 4th at NCAAs. **2010:** 5th at NCAAs. Outdoor Big Ten champion with PR 5584 effort. Won Big Ten indoor crown with 3979 points then places 7th at NCAAs with PR 4056. **2009:** 16th at NCAAs indoors. 3rd at Big Ten with 3998 PR score. Won both Badger Classic and Wisconsin Elite pentathlons. **High School:** 4th in Texas 5A discus (PR 139-1). **Personal:** Parents are Akin and Gloria Akinniyi. Psychology major.

Career:

Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
1/16/09	3676	1	Badger Classic, Madison	9.17	167	1108	541	2:28.75
1/30/09	3784	1	Wisconsin Elite, Madison	9.06	167	1155	542	2:23.62
2/28/09	3998	3	Big Ten, Champaign	9.05	175	1088	590	2:23.51
3/12/09	3651	16	NCAA, College Station	9.05	152	1026	518	2:28.08
1/30/10	3909		Wisc elite, Madison	9.01	169	1186	583	2:28.69
2/28/10	3979	1	Big Ten, University Park	9.00	172	1216	580	2:27.18
3/13/10	4056	7	NCAA, Fayetteville	8.86	174	1156	597	2:26.18
2/04/11	3964	3	Sevigne, Lincoln	8.70	167	1260	568	2:28.02
2/26/11	3929	1	Big Ten, W Lafayette	8.72	173	1284	553	2:31.65
3/01/11	4254	4	NCAA, College Station	8.67	178	1280	591	2:22.86

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/15/10	5245	6	Mt Sac R, Azusa	14.35		173	1162	25.94		559		3077	2:23.99
5/15/10	5584	1	Big 10, Bloomington	14.15+1.2		178	1149	25.74+0.3		585-1.0		3829	2:22.64
6/10/10	5506	5	NCAA, Eugene	13.95+0.3		175	1120	25.35+1.8		573-0.7		3491	2:21.45
6/26/10	5535	9	USA, Des Moines	13.98+1.7		178	1155	25.46+0.4		599+2.6		3154	2:23.79
7/10/10	5204	2	NACAC u 23, Miramar	14.46-1.6		169	1171	25.23+2.3		551-1.3		2745	2:21.09
4/14/11	5352	8	Mt Sac R, Azusa	14.12+1.8		173	1194	25.63+2.2		552-1.0		3373	2:24.93
5/14/11	dnf	-	Big Ten, Iowa City	14.02+0.5				nh		withdrew			

PRs: 5584 / 4254 13.95+0.3 178 1284 25.23+2.3 597i 3829 2:21.09
Indoors: 60h: 8.67

MAKEBA ALCIDE

DOB: February 24, 1990
POB: Castries, St.Lucia
Ht: 5-9
Hometown: Castries, St.Lucia
High School: St. Josephs HS
College: Arkansas '13



2011: Opened outdoor campaign with PR 5543w for 4th at Texas Relays, then captured SEC crown with another PR (5646). 4th at SEC indoor pentathlon with PR 3959 making her final NCAA indoor qualifier. **2010:** 6th at SEC outdoor heptathlon. Then placed 3rd at NACAC u 23 champs in Miramar, FL with national heptathlon record 5172 score. **High School:** 2009 Carifta Games pentathlon silver medalist. **Personal:** Daughter of Andre Alcide and Agatha Alphonse. Enrolled at Fulbright College of Arts and Sciences.

Career:

Indoor:

1/22/10 3318 5 Razorback, Fayetteville
1/28/11 3887 1 Razorback, Fayetteville
2/27/11 3959 4 SEC, Fayetteville
3/11/11 3992 13 NCAA, College Station

60h hj sp lj 800m

9.16 159 1066 487 2:35.93
8.87 174 1111 526 2:20.69
8.83 179 1185 531 2:25.44

8.86 169 1160 546 2:20.62

Outdoor:

5/14/10 5153 6 SEC Knoxville
7/10/10 5172 3 NACAC u23, Miramar
4/07/11 5543 4 Texas R, Austin
5/12/11 5646 1 SEC, Athens

100h w hj sp 200m w lj w jav 800m

14.32 nwi 166 1166 25.76nwi 541+1.8 2965 2:20.82
14.54-1.6 166 1136 25.37+2.3 498-1.1 3737 2:20.24
14.05+3.6 173 1188 25.12+2.7 547+1.7 3706 2:18.03

14.23+1.5 179 1209 25.08-0.4 565+1.7 3560 2:17.25

PRs: 5153 / 3959

14.05+3.6 179 1185 25.76nwi 574 37065 2:17.25

Indoors: 60h: 8.80

WHITNEY CARLSON

DOB: October 20, 1987
POB:
Ht: 5-5
Hometown: Buchanan, ND
High School: Pingee Buchanan HS
College: North Dakota St '11



2011: Captured Summit League titles indoors and out. Drake Relays winner with PR 5352w. **2010:** Summit League indoor pentathlon champ with PR 4015 score. **2010:** 4th at Mt Sac Relays with PR 5343 score. **2009:** Qualified for NCAA Regionals in 3 events. **2008:** Summit League indoor hurdles champ. Redshirt outdoors. **2007:** Redshirt indoors. D-I independent lj champ. **High School:** Won 19 state 'B track titles. **Personal:** Daughter of Kevin and Deborah Carlson. Majoring in zoology.

Career:

Indoor:

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
2/06/09	3794	2	Bison Open, Fargo	8.20	161	912	586	2:20.26	[55H]
2/27/09	3604	1	Summit League, Sterling	8.72	159	861	560	2:26.16	
12/11/09	3568	1	Bison Holiday, Fargo	8.57	147	969	585	2:32.24	
1/22/10	3697	1	Johnson, Minneapolis	8.67	146	940	605	2:22.89	
2/12/10	3810	1	Bison Open, Fargo	8.67	154	973	621	2:24.52	
2/28/10	3696	2	Summit League, Fargo	8.55	151	924	613	2:25.29	
12/4/10	3954	1	Bison Holiday, Fargo	8.68	159	1012	621	2:21.74	
2/27/11	4015	1	Summit League, Fargo	8.55	161	1010	628	2:22.54	
3/11/11	3523	16	NCAA, College Station	8.68	151	1003	612	2:42.46	

Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/03/09	5017	4	UofA Click, Tucson	14.04	-0.3	148	889	24.81	-2.1	621	+2.5	2555	2:23.58
4/15/10	5343	4	Mt Sac R, Azusa	13.80	+1.0	149	1004	24.53	+1.3	625	+3.2	3216	2:20.26
6/10/10	dnf	-	NCAA, Eugene	13.92	+0.4	148	1020	24.46	+2.6	584	+1.1	2966	dnr
4/07/11	5072	10	Texas R, Austin	14.06	+3.6	152	955	24.57	+2.7	577	+2.6	2820	2:21.16
4/28/11	5352w	1	Drake R, Des Moines	13.87	+3.0	154	1002	24.69	+4.4	608	+3.4	3500	2:21.97
5/13/11	5230w	1	Summit League, Sioux Falls	13.64	nwi	156	1004	24.09	+5.7	640	+5.4	2927	2:40.30

PRs: 5352 / 4015

Indoor: 60mH: 8.55

13.64nwi 163 1020 24.09+5.7 644+3.4 3500 2:20.26

CHELSEA CARRIER

DOB: August 21, 19??
 POB:
 Ht: 5-6
 Hometown: Buckhannon, WVa.
 High School: Buckhannon HS, WVa '07
 College: West Virginia '11



2011: Opened outdoor with huge hept PR (5927w) to win Texas Relays. Won 3 events at Big East outdoor meet (100H, 400H, lj). Defended Big East crown indoors with PR 4170 score and followed with a 5th at NCAA pentathlon. Big East indoor 60m hurdle champ with PR 8.15 clocking. **2010:** Won Penn State meet with breakthrough PR 4126, then won Big East title. **2009:** co Big East outdoor hurdle champ, **2008:** Won Big East outdoor 100mH title and ECAC indoor 60m hurdles title. **High School:** Won 11 WVa high school state titles. '07 USATF Jr runner-up. **Personal:** daughter of Rick and Andrea Carrier. Major is pre-elementary education.

Career:

Indoor:			<u>60H</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>					
1/25/08	3601	Penn St, U Park	8.07	157	979	529	2:27.10	[55mH]
2/23/08	3665	Big East, Armory, NYC	8.72	161	1019	542	2:27.05	
2/06/09	3967	1 Sykes-Sabock, Penn St	8.58	171	1001	573	2:21.59	
2/21/09	3786	Big East, Armory, NYC	8.69	158	1059	573	2:24.61	
3/13/09	3923	15 NCAA, College Station	8.36	157	1009	576	2:24.62	
2/06/10	4136	1 Sykes-Sabock, Penn St	8.45	171	1099	592	2:20.08	
2/20/10	3994	1 Big East, NYC Armory	8.48	168	1061	592	2:25.61	
3/13/10	4133	4 NCAA, Fayetteville	8.29	171	1040	589	2:19.49	
2/18/11	4170	1 Big East, Akron	8.26	175	1113	586	2:23.26	
3/11/11	4128	5 NCAA, College Station	8.29	166	1130	596	2:21.32	
Outdoor:			<u>100 h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>					
4/09/08	5023	Sea Ray R, Knoxville						
5/02/08	5073	Big East, Villanova	14.19	164	974	24.77	560	2877 2:26.64
5/16/08	5188	3 ECAC	13.66	163	976	25.15-0.2	557	3070 2:22.29
4/07/11	5927	1 Texas R, Austin	13.04+5.4	173	1175	23.64+4.0	622+1.8	3124 2:18.88
PRs			5927	/ 4170	13.04+5.4	175 1175	23.64+4.0	642 3124 2:18.88
Indoor: 60H:			8.08					

DIANA DUMITRESCU

DOB: May 6, 1989
POB:
Ht: 5-7
Hometown: Campulung, Arges, Romania
High School: LNPA Campulung Mucel
College: Kent State '12



2011: Mid-American Champion outdoors for 3rd consecutive season. Was All Ohio and Mid-American Conf indoor pentathlon winner. **2010:** 6th at NCAAs. Defended Mid-American Conference title after PR 5518 runner-up performance at Drake Relays. Scored 4016 at Akron Open then won MAC indoor pentathlon crown for 2nd consecutive year, then placed 8th at NCAAs indoors with PR 4055 score. **2009:** (freshman) Mid-American Conference champion with PR 5429 score after a 3rd place at Drake Relays. Won indoor MAC pentathlon (3887). **2008:** 11th at World Junior Champs and 5th at Euro Cup 2nd League with 5455 for Romania. **2007:** 12th at European Junior champs and won Romanian national junior title one week later. **Personal:** Diana Elena Dumitrescu.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
2/28/09	3887	1 Mid-American, Kent	8.95	167	1274	572	2:31.54
1/30/10	3902	2 Penn St. U Park	8.88	169	1250	570	2:31.66
2/13/10	4016	1 Akron U Open, Akron	8.75	166	1329	584	2:29.53
2/26/10	3949	1 Mid America, Mt Pleasant	9.06	169	1301	594	2:33.40
3/13/10	4055	8 NCAA, Fayetteville	8.77	165	1278	604	2:27.39
1/21/11	3935	1 All Ohio, Kent	8.95	172	1330	563	2:32.56
2/11/11	3989	1 Akron Invt, Akron	8.99	169	1339	570	2:27.76
2/25/11	4009	1 Mid-American, Bowling Green	8.90	172	1342	577	2:32.30
3/11/11	400610	NCAA, College Station	8.99	169	1311	571	2:25.16

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
7/22/07	5272	12 Euro Jr, Henglo	14.50	-0.7	172	1218	26.50	-0.5	582	+0.6	3588	2:31.50
7/29/07	5331	1 National Jr, Bucarest	14.71	0.0	170	1249	25.88	0.0	596	nwi	3482	2:30.31
6/29/08	5455	5 Euro Cup 2 nd L, Maribor	14.49	+1.0	169	1267	25.56	+3.4	604	+1.4	3525	2:27.62
7/12/08	5420	11 IAAF World Jr, Bydgoszcz	14.37	-0.4	169	1278	25.92	-2.5	598	+1.1	3533	2:28.44
4/23/09	5350	3 Drake R, Des Moines	14.37	-1.6	166	1316	25.62	+1.6	576	-0.6	3283	2:26.24
5/15/09	5429	1 Mid-American, Akron	14.27	0.0	171	1310	25.46	+0.5	574	0.0	3786	2:30.81
6/12/09	5382	15 NCAA, Fayetteville	14.35	+1.0	172	1302	25.83	-1.8	575	+1.3	3604	2:31.98
4/22/10	5518	2 Drake R, Des Moines	14.31	0.0	169	1338	25.15	+1.7	575	-0.6	3467	2:23.58
5/14/10	5239	1 Mid-American, Buffalo	14.44	+0.2	170	1209	25.77	+1.8	577	-1.0	3542	2:34.64
6/10/10	5474	6 NCAA, Eugene	14.40	+2.9	166	1313	25.62	+1.9	581	-1.2	3664	2:23.04
4/14/11	5206	3 Sea Ray R, Knoxville	14.78	+0.6	164	1270	25.89	+1.9	574	+0.9	3470	2:29.33
5/13/11	5399	1 Mid-American, DeKalb	14.36	+5.0	169	1293	25.92	+0.7	586	+1.0	3695	2:30.54

PRs: 5518 / 4055 14.20 0.0 172 1342 25.15+1.7 604+1.4 3786 2:23.04
Indoor: 60H: 8.75.

KAYLON EPPINGER

DOB: Sept. 17, 1989
 POB:
 Ht:
 Hometown: Warrensville, OH
 High School: Warrensville Heights HS
 College: Cincinnati/Alabama '12



2011: 6th at SEC indoors and runner-up in SEC heptathlon outdoors. **2010:** at Alabama-did not compete. **2009:** 6th Big East pentathlon indoors and 4th at Big East heptathlon outdoors. **2008:** Competed as hurdler at Cincinnati. **High School:** Ohio State 100mH champ and 300mH runner-up. 12 varsity letters. **Personal:** Parents: Timothy and Katie Eppinger. Majoring in Criminal Justice

Career:

Indoor:				<u>60h hj sp lj 800m</u>					
1/23/09	3489	3	IU Gladstein, Bloomington	8.95	161	1026	535	2:36.09	
2/21/09	3717	6	Big East, Armory, NYC	8.81	164	1214	545	2:35.30	
2/25/11	3835	6	SEC, Fayetteville	8.40	167	1094	550	2:30.48	
Outdoor:				<u>100h w hj sp 200m w lj w jav 800m</u>					
3/26/09	4822	6	Alabama R, Tuscaloosa	13.90+0.5	163	1017	25.79+0.7	511nwi 2872 2:32.62	
4/18/09	4983		All Ohio						
5/01/09	4708	4	Big East, Villanova	13.94+1.1	158	986	26.19+0.3	511nwi 3129 2:36.11	
3/25/11	5499	1	Alabama R, Tuscaloosa	13.93+1.8	170	1162	25.30+5.5	569+1.3 3894 2:24.95	
5/12/11	5479	2	SEC, Athens	13.54+1.5	164	1153	25.73-0.1	578 0.0 3765 2:23.38	
<hr/> PRs: 5499 / 3835				13.51		170	1214	25.30+5.5	578 0.0 3894 2:23.38
Indoor: 60mH: 8.29									

DAPHNE FITZPATRICK

DOB: April 4, 1988
 POB: Calgary, Alberta, CAN
 Ht: 5-6
 Hometown: Katy, TX
 High School: Katy HS '06
 College: U of Oklahoma
 Texas A&M '11



2011: Opened outdoor season with huge PR, 5638, for 3rd at Texas Relays then place 2nd at Big 12 Conf meet with yet another lifetime best, 5811. 3rd at Big 12 indoor pentathlon. **2010:** 18th at NCAAs 3rd place at Big 12 Conference meet. 4th at Texas Relays with significant PR 5395 effort. 6th at Big 12 indoor pentathlon. **2009:** 9th and 8th at Big 12 multis indoors and out. **2007:** Played soccer at U of Oklahoma. **High School:** Team MVP 4 consecutive years.
Personal: Daughter of Terry and Silvia Fitzpatrick. Major is Finance.

Career:

Indoor:

Date	Time	Place	Event	60h	hj	sp	lj	800m
1/31/09	2494	5	Big 12 vs SEC, C Station	24.54	163	1051	480	2:33.18
2/28/09	3358	9	Big 12, C Station	9.41	152	1024	514	2:25.93
1/30/10	3627	3	A&M Challenge, C Station	9.19	173	1059	520	2:30.82
2/27/10	3692	6	Big 12, Lincoln	9.19	173	1119	522	2:29.27
1/28/11	3768	3	SEC vs Big 12, C Station	9.02	170	1094	559	2:30.26
2/25/11	3919	3	Big 12, Lincoln	9.08	176	1141	559	2:25.49

Outdoor:

Date	Time	Place	Event	100h	w	hj	sp	200m	w	lj	w	jav	800m
5/17/09	4597	8	Big 12, Lubbock	14.86	+1.7	163	1001	26.28	+1.3	490	+1.9	3781	2:33.38
4/01/10	5395	4	Texas R, Austin	14.31	+3.3	174	1123	24.97	+3.5	553	+2.2	3911	2:29.59
5/15/10	5234	3	Big 12, Columbia	14.25	+1.3	175	1100	24.87	+0.7	516	+0.2	3873	2:34.69
6/10/10	4961	18	NCAA, Eugene	14.69	+2.9	166	1086	25.62	+1.9	524	-0.4	3599	2:34.46
4/06/11	5638w	3	Texas R, Austin	14.22	+5.3	173	1182	24.19	+4.7	548	+1.3	4127	2:21.60
5/14/11	5811w	2	Big 12, Norman	14.22	+2.7	178	1194	24.13	0.0	582	+3.6	4116	2:21.70

PRs: 5811w / 3919

Indoor: 60mH: 9.02

14.22+5.3 178 1194 24.13 0.0 582+3.6 4147 2:21.60

TANYA FREISEN

DOB: January 23, 1991
 POB:
 Ht: 5-9
 Hometown: Buhler, KS
 High School: Buhler HS
 College: Wichita State U '13



2011: Scored 5343 at Woodman Classic, then 4822 at MVC meet for 2nd. 4th at Missouri Valley Conf (MVC) indoor pentathlon with PR 3493. **2010:** Rice U heptathlon winner at 4746, then placed 3rd in MVC. 4th MVC indoor pentathlon, **High School:** 2x State long jump champ. Letters in basketball, t&f, volleyball. **Personal:** Daughter of Wendell and Kris Friesen. Undecided on major

Career:

Indoor:				<u>60h</u>				<u>hj</u>				<u>sp</u>				<u>lj</u>				<u>800m</u>																							
1/29/10	3348	4	Husker, Lincoln	9.27	163	761	522	2:27.99																																			
2/27/10	3433	3	MVC, Cedar Falls	8.90	164	884	521	2:33.60																																			
2/04/11	3465	3	WSU Quad, Wichita	8.83	161	966	515	2:32.32																																			
2/26/11	3493	4	MVC, Cedar Falls	8.75	160	905	528	2:30.24																																			
Outdoor:				<u>100h</u>				<u>w</u>				<u>hj</u>				<u>sp</u>				<u>200m</u>				<u>w</u>				<u>lj</u>				<u>w</u>				<u>jav</u>				<u>800m</u>			
3/18/10	4746	1	Rice U, Houston	15.10	+0.5	166	883	26.15	+0.5	568	+0.1	2832	2:31.27																														
5/15/10	4533	3	MVC, Normal	15.03	-1.2	165	900	26.01	-0.5	536	0.0	3262	2:49.28																														
3/25/11	5112	3	ASU Spring, San Angelo	14.57	+1.9	167	964	25.04	+6.2	556	+3.5	3712	2:38.24																														
4/14/11	5343	1	Woodman Classic, Wichita	14.02	+2.8	170	990	24.60	+5.2	584	+2.8	3594	2:31.54																														
5/14/11	4822	2	MVC, Cedar Falls	14.07	+2.2	163	949	25.06	+1.2	535	+1.2	3455	2:47.90																														

PRs: 5343 / 3493 14.02+2.8 170 990 25.04+6.2 584+2.8 3712 2:27.99

Indoor: 60mH: 8.76

Updated 6/3/11

LINDSEY HALL

DOB: March 25, 1991
POB: Missoula, MT
Ht:
Hometown: Missoula, MT
High School: Big Sky HS '10
College: U of Montana '13



2011: Big Sky champion with 5360 PR. Also won indoor Big Sky pentathlon. **2010:** NCAA Regional qualifier in hj (t28). Big Sky outdoor heptathlon runner-up (with 5255 PR). **High School:** AA State champ in 100H, 300h, long jump and triple jump. **Personal:** Daughter of Steve and Deb Hall. Wildlife biology major.

Career:

Indoor:			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>								
12/4/09	3618	1	EWU Candy Cane, Cheney	8.00	165	873	560	2:33.31	[55mH]		
1/12/10	3473	1	Montana St, Bozeman	8.35	163	839	571	2:37.58	[55mH]		
1/22/10	3459	2	WSU Cougar, Pullman	8.88	162	856	568	2:39.70			
2/26/10	3539	4	Big Sky, Bozeman	8.05	168	918	562	2:45.09	[55mH]		
12/4/10	3687	1	EWU Candy Cane, Cheney	8.28	167	1005	551	2:33.05	[55mH]		
1/10/11	3881	1	Montana St, Bozeman	7.90	175	1112	576	2:35.68	[55mH]		
1/28/11	2941	16	Mountain St G, Pocatello	8.75	nh	1071	554	2:30.22			
2/25/11	3742	1	Big Sky, Pocatello	8.64	154	1081	568	2:25.79			
Outdoor:			<u>100h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>								
4/09/10	3332	9	JJK, Los Angeles	14.52-1.2	156	918	dnf	3f	3694	2:33.34	
5/13/10	5255	2	Big Sky, Ogden	14.05-2.0	171	1010	26.38-0.5	556+1.2	4306	2:31.44	
4/08/11	5169	1	Mondo, Sacramento	14.29-0.2	168	1020	25.95+0.2	560+1.2	3713	2:28.24	
4/15/11	4468	1	Montana Open, Missoula	14.60	159	nm	26.18-0.4	546+0.8	3916	2:27.16	
5/06/11	4448	1	Tom Gage, Bozeman	14.19	160	1001	25.58+3.3	551	4134	dnf	
5/12/11	5360	1	Big Sky, Sacramento	14.07+1.2	173	1027	25.40+1.7	525-1.6	4019	2:21.35	
PRs:	5360 / 3881			13.97		175	1112	25.40+1.7	585i	4306	2:21.35
Indoor:				60mH: 8.62; 55mH: 7.90							

BRITTANY HARRELL

DOB:

POB:

Ht:

Hometown: McComb, MS

High School: McComb HS

College: Florida '14



2011: Placed 3rd at SEC heptathlon (with PR 5452) after a 7th place finish indoors. **High School:** Mississippi State 5A champion at 100m H, 300m H and high jump. **Personal:** Major in Social and Behavioral Sciences.

Career:

Indoor:

1/28/11 3731 4 Big 12/SEC, College Station 60h hj sp lj 800m
8.88 170 1092 528 2:28.31

2/25/11 3771 7 SEC, Fayetteville **8.77 167 1116 539 2:27.82**

Outdoor:

4/-7/11 5141w 8 Texas R, Austin 100h w hj sp 200m w lj w jav 800m
14.50+3.6 167 1072 25.88+4.7 544+1.5 3675 2:26.24

5/12/11 5452 3 SEC, Athens **14.49+0.4 173 1088 25.33-0.1 548+1.4 4162 2:20.61**

PRs: 5452 / 3771

14.31 173 1116 25.33 548 4162 2:20.61

Indoor: 60mH: 8.72

Updated 6/4/11

SAMANTHA HENDERSON

DOB: April 5, 1989
 POB: Mesa, AZ
 Ht: 5-11
 Hometown: Mesa, AZ
 High School: Mesa (AZ) HS
 College: Mesa CC/Arizona St. '11



2011: Won Pac-10 heptathlon with PR 5470 score. 4th at Mountain Pacific indoor pentathlon. **2010:** 4th at Mountain Pacific champs indoors. 5th at Pac-10 heptathlon with PR 5126. **2009:** 3rd NJCAA heptathlon. **2008:** 3rd, NJCAA heptathlon. **High School: Personal:** Majoring in construction management
 Parents are Scott and Gina Henderson.

Career:

Indoor:			<u>60h hj sp lj 800m</u>							
2/01/08	2978		Gaucho							
1/30/09	3152	1	Mountain T, Flagstaff							
3/06/09	3399	2	NJCAA, Lubbock							
2/26/10	3716	4	MPSF, Seattle							
2/04/11	3785	2	U New Mexico, Albuquerque							
2/25/11	3772	4	MPSF, Seattle							
Outdoor:			<u>100h w hj sp 200m w lj w jav 800m</u>							
4/28/08	4215	1	Reg I JC, Glendale							
4/02/09	4552	1	PV Invt, Paradise Valley							
5/04/09	4733	1	Reg I JC, Mesa							
5/21/09	4959	3	NJCAA, Hutchinson							
4/02/10	4744	5	Click, Tucson							
5/16/10	5126	5	Pac-10, Berkeley							
4/01/11	5424	2	Click, Tucson							
5/07/11	5470	1	Pac-10, Tucson							
PRs:			5470 / 3785	13.93	180	1282	25.41	620	3559	2:35.66
Indoor:			60mH: 8.71.							

RYANN KRAIS

DOB: March 21, 1990
 POB: Philadelphia, PA
 Ht: 5-9
 Hometown: Eagleville, PA
 High School: Methacton HS
 College: UCLA
 Kansas St '12



2011: 6th at NCAA indoor pentathlon, then opened outdoor season with PR 5848 2nd place effort at Texas Relays. Transferred to Kansas St, scored 4021 in first indoor meet. Big 12 400H champ and NCAA qualifier (PR 56.06).
2010: Scored huge PR for 2nd at USA vs Germany Thorpe Cup in Marburg, 5779. 16th at NCAAs. Pac-10 runner-up. Won Mountain Pacific SF title with 4041 PR total. 10th at NCAA indoors. **2009:** Opened season with 3rd place in Johnson/JJK heptathlon, then placed 4th at Pac-10 with PR 5606 score. **High School:** 9th at IAAF World Junior heptathlon (5457). Competed in 2008 Olympic Trials in 400m hurdles, 9x PA state champion. National class records for heptathlon for soph and junior years. Won GreatSouthwest heptathlon with 5522w (#2 all-time hs, all conditions). **Personal:** Daughter of John and Janelle Kraiss. Pre-psychology major.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
			3823				
2/27/09	3896	Mountain Pacific, Seattle	8.69	164	1159	538	2:18.94
2/12/10	3980	Boise State, Nampa	8.91	170	1085	569	2:17.71
2/26/10	4041	1 Mountain Pacific, Seattle	8.84	177	1066	553	2:16.34
3/13/10	3959	10 NCAA, Fayetteville	8.97	171	1056	564	2:17.44
1/29/11	4021	1 SEC/Big 12, College Station	8.80	170	1072	553	2:12.55
3/11/11	4115	6 NCAA, College Station	8.71	172	1136	643	2:09.93

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
6/21/07	5377	2 USA Jr, Indianapolis	13.82	+0.2	166	991	24.47	+2.0	555	+3.0	3266	2:16.96
6/??/08	5522w1	Great Southwest,	13.93	+4.4	173	1030	24.31	+4.3	575	+1.2	3199	2:17.71
6/22/08	5217	1 USA Jr, Columbus	14.03	-3.4	165	948	25.28	-1.6	571	+2.3	3242	2:21.19
7/12/08	5457	9 IAAF WC Jr, Bydgoszcz	13.73	-0.2	172	1056	25.04	-2.5	572	+1.6	3188	2:19.15
4/10/09	5220	3 Johnson/JJK, Los Angeles	14.07	0.0	165	1162	25.33	0.0	531	0.0	3150	2:20.69
5/10/09	5606	4 Pac-10, Eugene	13.81	+3.1	166	1208	24.75	+4.9	565	+2.8	3553	2:14.96
6/12/09	5549	11 NCAA, Fayetteville	13.80	+0.7	169	1091	24.91	+0.2	556	+1.6	3680	2:14.96
6/28/09	5344	1 USA Junior, Eugene	13.97	+1.1	169	938	25.25	+1.1577	+3.5	3293	2:17.75	
5/09/10	5426	2 Pac-10, Berkeley	14.06	+0.3	170	983	25.77	+1.7	565	-1.3	3705	2:13.73
6/10/10	5236	16 NCAA, Eugene	14.13	+1.9	163	903	26.18	+1.8	549	-0.7	3929	2:12.65
6/26/10	5693	7 USA, Des Moines	14.09	+2.6	175	979	25.25	+3.3	614	+2.5	3742	2:13.07
8/08/10	5779	2 vs Germany, Marburg	13.85	+2.2	177	1061	25.49	-0.9	592	+0.9	4075	2:13.05
4/06/11	5848w2	Texas R, Austin	13.67	+4.0	170	1214	24.85	+4.0	579	+1.8	3881	2:09.90

PRs: 5848w / 4115 13.61 177 1214 24.31 617 4075 2:09.90
Indoor: 60H: 8.54

SHERRINA LOFTON

DOB: December 28, 1987
 POB: Vallejo, CA
 Ht: 5-8
 Hometown: Fairfield, CA
 High School: Fairfield, HS '06
 College: Cal State-Northridge '10



2011: Won Big West heptathlon title after a 6th place finish at Texas Relays. Sprinter turned multi, she won pair of indoor pentathlons including Mountain Pacific title with PR 4092 score. **2009:** Won Big-West Conference crown after a PR 3rd place showing at Northridge's Spring Opener (5420). **2008:** Big West Athlete of year winning outdoor 100m, 200m and 2 relay legs. **2007:** Big West finalist in 100m and 200m. **High School:** All SCAC for 4 years. **Personal:** Parents are Benitta Anderson and Anthony Lofton. Cousin is Kenny Lofton of Cleveland Indians. Business major. Coached by Avery Anderson.

Career:

Indoor:		<u>60h hj sp lj 800m</u>				
12/3/10	3844 2 Boise Jackson Open, Nampa	8.83	168	1122	549	2:24.65
2/11/11	3936 1 Boise Team, Nampa	9.00	166	1165	570	2:20.07
2/25/11	4092 1 Mountain Pacific, Seattle	8.77	173	1181	566	2:18.35
3/11/11	3814 15 NCAA, College Station	8.63	163	1113	535	2:22.30
Outdoor:		<u>100h w hj sp 200m w lj w jav 800m</u>				
5/10/08	4325 8 Big West, Northridge	21.00+0.21	65	1040	23.99+0.4	464+1.5 3054 2:20.55
3/20/09	5420 3 Spring, Northridge	14.62+2.0	163	1159	23.94+1.0	565+2.2 3213 2:16.22
5/15/09	5224 1 Big West, Irvine	14.95+1.1	166	1095	23.99+0.7	549nwi 3464 2:26.75
4/07/11	5366w6 Texas R, Austin	14.18+5.3	167	1120	24.20+4.0	524+1.6 3496 2:19.69
5/14/11	5371 1 Big West, Irvine	14.06+1.3	163	1049	24.46+1.4	569 0.0 3461 2:23.31

PRs: 5420 / 4092 14.06+1.3 173 1181 23.50 598 3635 2:16.22
Indoor: 60H: 8.63

CHANTAE McMILLAN

DOB: May 1, 1988
 POB:
 Ht: 5-7
 Hometown: Rolla, MO
 High School: Rolla HS
 College: Nebraska '10



2011: Opened indoor season with significant 4378 PR in Lincoln pentathlon, and then tied for 2nd at NCAAs. Opened outdoor season with PR 5822 3rd place effort at Mt Sac Relays and subsequently captured a 2nd Big 12 outdoor heptathlon crown with PR 5951 score. **2010:** 4th at NCAAs. Big 12 indoor and outdoor champ. **2009:** Runner-up at both Husker Invt and Big 12 affairs, the latter with a 4061 PR score. **2008:** 22nd at NCAA heptathlon. 3rd at Kansas Relays and Big 12 runner-up with PR 5444. 3rd at Big 12 indoor pentathlon. **2007:** Redshirt indoors. NCAA long qualifier outdoors (placed 23rd) with best of 20-6¼. **High School:** 3rd at Nike outdoor prep nationals in long jump. **Personal:** Pre interior design major. Parents are Badger and Peggy McMillan.

Career:

Indoor:			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
2/29/08	3827 3	Big 12, Lincoln	9.11	163	1225	584	2:30.21
2/07/09	3996 2	Sevigne Husker, Lincoln	8.83	170	1233	588	2:29.48
2/27/09	4061 2	Big 12, College Station	8.91	170	1317	590	2:27.90
3/14/09	4096 8	NCAA, College Station	8.77	166	1230	614	2:24.97
1/30/10	dnf -	Husker, Lincoln	dnf	163	1264		withdrew
2/27/10	4151 1	Big 12, Lincoln	8.86	164	1445	602	2:25.58
3/13/10	dnf -	NCAA, Fayetteville	8.91	165	1325		withdrew
2/04/11	4378 1	Lincoln	8.63	170	1444	629	2:23.91
3/01/11	4396 2t	NCAA, College Station	8.69	166	1457	633	2:18.61

Outdoor:			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>1st day</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/17/08	5226 3	Kansas R, Lawrence	14.60+2.5	162	1181	23.38+3.5	3155	576+5.4	3690	2:30.53			
5/17/08	5444 2	Big 12, Boulder	14.46-1.4	160	1166	24.90 0.0	3185	599-0.3	4160	2:28.27			
6/12/08	5261 22	NCAA, Des Moines	14.18+1.9	160	1093	25.31+0.6	3139	609+0.8	3333	2:29.04			
5/15/10	5349 1	Big 12, Columbia	14.41+1.4	175	1370	26.23+0.5	3388	559+0.8	4162	2:43.14			
6/10/10	5583 4	NCAA, Eugene	14.43+1.0	166	1425	25.90+1.8	3341	571-0.9	4195	2:23.65			
4/14/11	5822 3	Mt Sac R, Azusa	13.87+1.8	161	1361	25.48+2.2	3355	630+1.9	4553	2:25.55			
5/14/11	5951 1	Big 12, Norman	13.81+3.1	164	1418	24.92 0.0	3488	620+2.6	4339	2:20.32			

PRs: 5951 / 4396 13.81+3.1 175 1457 24.90 0.0 3388 633i 4781 2:18.61
Indoor: 60h: 8.52

ALLISON REASER

DOB: September 3, 1992
POB:
Ht: 5-7½
Hometown: El Segundo, CA
High School: El Segundo HS
College: San Diego State U '14



2011: Mountain West Conference champion indoors and out with PR scores (3916 and 5408). Won UCLAs JJK heptathlon with 5361 score. **High School:** 2010 National JO hept champ. Regional CIF 300m hurdle champ. Letters in t&f, tennis, cross-country and soccer. **Personal:** parents are Rick and Adrienne Reaser, Major is Kinesiology.

Career:

Indoor:				<u>60h hj sp lj 800m</u>						
2/24/11	3916	1	Mountain West, Albuquerque	8.49 164 1169 586 2:32.14						
Outdoor:				<u>100h w hj sp 200m w lj w jav 800m</u>						
??/10	5019									
4/01/11	5361	1	JJK, Los Angeles	13.83-0.5	159	1166	24.49+2.0	582+0.9	3293	2:26.78
5/12/11	5408	1	Mountain West, Ft Collins	13.87+2.5	156	1082	24.54+2.4	604+2.9	3786	2:27.69
PRs:				5408 / 3916						
Indoor:				60mH: 8.49.						

KELSEY RUBEOR

DOB: August ??, 1989
 POB:
 Ht:
 Hometown: Murrieta Valley, CA
 High School: Murrieta Valley HS
 College: Syracuse U '12



2011: Big East Heptathlon champ with 5680 PR. Won Asics/Winthrop Invt heptathlon (5337). 3rd, Big East indoor pentathlon. **2010:** 4th Big East hept (5378), and 8th Big East indoor pentathlon. **2009: High School:** 2006 CIF high jump champ. **Personal:** Daughter of Jim and Michele Rubeor. Majoring in health and exercise science

Career:

Indoor:			<u>60h hj sp lj 800m</u>						
1/23/09	3193	2	Cornell Upstate, Ithaca						
	3148	1	Syracuse Invt, Syracuse						
2/??/09	3256	12	Big East,						
1/23/10	2986	5	Cornell Upstate, Ithaca	10.19	161	1125	483	2:52.68	
2/05/10	3239	1	SU Invt, Syracuse	9.27	160	1204	517	2:45.18	
2/20/10	3360	8	Big East, Armory, NYC	9.75	165	1245	496	2:40.47	
1/23/11	3563	2	Cornell Upstate, Ithaca	9.65	169	1246	568	2:46.81	
2/19/11	3699	3	Big East, Akron	9.31	172	1254	542	2:37.68	
Outdoor:			<u>100h w hj sp 200m w lj w jav 800m</u>						
3/??/09	4241	4	FSU R, Tallahassee						
3/19/10	4644	2	CCU, Conway	16.24+2.0	164	1197	27.42-2.1	507 0.0	4070 2:39.32
4/31/10	4888	4	Big East, Cincinnati	16.11-0.7	170	1253	26.45 0.0	519 0.0	4039 2:38.43
5/15/10	4515	9	ECAC, Princeton	16.10+1.3	164	1240	27.15+0.1	520-1.2	3657 2:53.61
3/25/11	5337w	1	Asics/Winthrop, Rock Hill	15.53+4.6	172	1265	25.81+2.0	580+3.1	4279 2:32.86
5/07/11	5680	1	Big East, Villanova	15.15-3.7	170	1283	25.19+3.2	593+1.0	4630 2:26.67
PRs: 5680 /3699			15.15-3.7 175 1382 25.19+3.2 598 4630 2:26.67						
Indoor: 60mH: 9.31									

LINDSAY SCHWARTZ

DOB:
 POB: Watertown, WI
 Ht: 5-10
 Hometown: Watertown, WI
 High School: Watertown HS
 College: South Alabama '12



2011: Sun Belt Conf heptathlon champion and record holder (5318). SBC indoor pentathlon champ. 3rd in high jump outdoors. **2010:** Runner-up at Sun Belt indoor pentathlon and winner of outdoor heptathlon. . **High School:** 3x Wisconsin state hurdles (2x 100m, 1x 300m) champion. **Personal:** Major is Leisure Studies-Sports Management

Career:

Indoor:			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>						
2/27/10	3426	2	Sun Belt, Mufreesboro	8.77	156	1112	522	2:30.05 [55mH]					
1/29/11	3492	2	Carnes, Gainesville	8.65	165	1005	515	2:30.27 [55mH]					
3/27/11	3585	1	Sun Belt, Mufreesboro	8.37	163	951	534	2:25.32 [55mH]					
Outdoor:			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
5/08/10	4966	1	Sun Belt, Mufreesboro	14.65	-3	166	1050	25.10	+3.7	535	+1.4	2978	2:29.22
3/24/11	4778	2	FSU R, Tallahassee	15.06	+1.8	164	953	25.48	+2.6	516	+1.6	2721	2:22.37
5/14/11	5318	1	Sun Belt, Mufreesboro	14.70	+1.0	170	962	25.23	-2.0	591	+1.3	3319	2:18.19
PRs:			5318 / 3585	14.61	170	1112	25.10	+3.7	592	+1.3	3319	2:18.19	
Indoor:			60mH:	9.28;	55mH	8.37							

