

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## TEREK & HARLAN RULE EARLY

### Hardee Injured, Detmer 1K Mark

**Hello Again....** Wow! We are in for a big year if the two weekends of late January and early February, normally the busiest of the indoor season, are any indication. Thirty competitions nationwide dotted the multi event landscape and many top scores emerged, most notably Paul Terek's 5977 win at the Wisconsin Elite hept in Madison and Ryan Harlan's 5969 international win at the Reval Cup in Estonia. So prolific is was this ten day period that 46 national class scores were posted including five USATF and five NCAA automatic qualifying marks.

Yet the major news was centered on two meetings, the Wisconsin Elite in Madison and the Erki Nool Reval Cup in Tallinn, Estonia, where the early season top two scores, worldwide, were posted by veteran Yanks, Paul Terek and Ryan Harlan. The former used a 5.35m/17-6½ vault and a gutty 1000 to claim the world's top score, 5977 in Madison. In an annual that truly deserves the label "Elite," Terek, 27, put workmanlike marks up in each event to turn back first day leader Chris Boyles whose 5769 itself was a PR. Yet at meet's end few of the several hundred spectators in the spacious Badger facility even took notice of either Terek or Boyles. All eyes were on Wisconsin senior captain Joe Detmer, 23, and the clock, as the Lodi, Wisconsin native posted splits of 30-31-



Paul Terek, (l) posted the world's top early season score with a 5977 win at the Wisconsin Elite affair. Ryan Harlan (r) captured the Estonian Reval Cup with a 5969 effort.

30-29-30, A cheer went up as the digital clock read 2:30.86, the 3<sup>rd</sup> fastest time ever recorded for the 1000m event and a new American record. Detmer had taken Utah's Scott Daniels off the books. Even more important, the clocking gave the former Big Ten 600m champ a 5651 total, one digit more than necessary for an NCAA indoor championship ticket. Daniels, who, incidentally, died in 2006, set the mark (2:32.59) in Canyon, Texas and had held the record for 20 years.

A week later in Tallinn, Estonia, Ryan Harlan, 25, won 4 events and took a 140 point lead over bouncy Andrei Krauchanka/BLR into the final event. The latter's PR was 2:39.92, so, at @13 points per second, Harlan had his work cut out for him, Wearing an Estonian singlet and uniform since he luggage never arrived), he hung on, running 2:54.37 to 2:42.74 for a 1

second, 14 point victory. It was Harlan's initial international indoor win. His 16.51m/54-1 near PR shot put and 7.95 hurdles were decisive.



Wisconsin senior Joe Detmer established a new AR for the hept 1000m.

The victories sets up an expected clash between Terek, a 2004 Olympian and 2003-2004 indoor champ and Harlan, the 2004 NCAA kingpin and 2005-2006 national indoor champ, in Chapel Hill. The USATF nationals are set for March 2-3 at the University of North Carolina

Elsewhere on Weekend # 1:

In a battle of last season's NCAA indoor and outdoor champions) Texan Donovan Kilmartin's 5700 was 13 digits better than that of NCAA outdoor champ Jake Arnold/Arizona at the Roger Cox affair at the Albuquerque, NM Convention Center. Kilmartin, a senior, has won a pair of NCAA indoor titles. A year ago his teammate, Trey Hardee, had posted an eye-opening collegiate record. (see box on Hardee's status)



Texas teammates in the news: Donovan Kilmartin (l) leads all collegians with a 5700 effort. Trey Hardee, (r) will miss the indoor multi season.

### Trey Hardee Breaks Hand

In late December collegiate heptathlon and decathlon record holder Trey Hardee, Texas, broke his hand in a weight room training accident. Although deemed 'not overly serious', it will keep Hardee, who has a final indoor season of eligibility, out of multis until the spring season where he hopes to open in Götzis, Austria.

Trey has surgery to repair a broken scaphoid bone and will soon be doing therapy for his hand which now holds a titanium screw. He'll compete indoor in the sprints, hurdles and long jump. He posted a fast 60m hurdles clocking at a NYC Armory meeting on Feb 2<sup>nd</sup> (7.92 & 8.20), a quick 60m (6.82) as well as a 7.36m/24-2 long jump.

On the same Jan 26-27 weekend Northern Iowa junior Raven Cepeda PR'd at home with a 5695 score while Stanford's Josh Hustedt posted an eye-opening 5677 at the Husky Relays in Seattle. At Clemson four went into the final event with an opportunity to win and the overall lead changed each 1000m lap. When the dust cleared Wake Forest's Brent LaRue had moved from 4<sup>th</sup> to first with 5480, 2 points more than that of Florida's talented vaulter Mike Morrison. In all, four finished within 59 points of one another. In all 18 posted NCAA I auto or provisional marks.

Elsewhere: Weekend # 2

On the first weekend of February (Feb 2/3) more posted NCAA provisional scores. Mitch Henry/Oklahoma won the J.D. Martin affair at home; Nebraska's Ben Shutter/Nebraska captured the Frank Sevigne meet in Lincoln, and Long Beach's Chris Richardson II won at the Air Force Academy. In all four more posted NCAA provisional qualifiers.



Northern Iowa's Raven Cepeda (l) (5695) and Josh Hustedt of Stanford (r) (5677) put up big numbers in early season meetings.

Earlier in January a healthy Will Thomas posted an outstanding 5727 score in Stors, CT while Princeton's sophomore Duane Hynes netted a 5640 PR at home in Jadwyn Gym.

By early February there were a whopping 24 NCAA I qualifiers, 5 auto and 19 provisional).

### Top 1000 Meters Times:

WR	2:30.25	Vladimir Kryuchkov USSR, 1984
CR	2:30.74	Jim Stevenson/MSM-GB IC4A, Princeton, 1994
AR	2:30.86	Joe Detmer/Wisconsin Elite, Madison, 2007

#### Meet & Track Records

USA Championships

MR 2:32.59 Scott Daniels/Utah  
TAC, Canyon, 1984

U. North Carolina Facility Record

TR 2:35.41 Phil McMullen/Nike  
USATF, Chapel Hill, 2004

NCAA Championships

MR & TR  
2:37.08 Mustafa Abdur-Rahim/Dartmouth  
Fayetteville, AK. 2004